

Planting and Harvesting Guide

Plant Hardiness Zone 4b (Sudbury, ON)

Tips:

Garden Calendar

Use this guide to know when to plant and harvest vegetables from your garden in Sudbury, ON.

Sow indoors / Sow outdoors / Harvest

Plant	J	F	M	A	M	J	J	A	S	O	N	D
Beans					Sow indoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest		
Beet					Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest		
Boccoli				Sow indoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest		
Brussel Sprouts	Harvest	Harvest		Sow indoors	Sow outdoors	Sow outdoors			Harvest	Harvest	Harvest	Harvest
Cabbage				Sow indoors	Sow outdoors	Sow outdoors		Harvest	Harvest			
Carrot					Sow outdoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest	
Corn						Sow outdoors		Harvest	Harvest	Harvest		
Cucumber					Sow indoors	Sow outdoors		Harvest	Harvest			
Eggplant			Sow indoors	Sow indoors		Sow outdoors	Harvest	Harvest	Harvest			
Garlic							Harvest	Harvest	Harvest	Sow outdoors	Sow outdoors	
Kale	Harvest	Harvest			Sow indoors	Sow indoors		Harvest	Harvest	Harvest	Harvest	Harvest
Leek	Harvest	Harvest	Sow indoors	Sow indoors	Sow outdoors	Sow outdoors		Harvest	Harvest	Harvest	Harvest	Harvest
Lettuce				Sow indoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest	Harvest		
Onion		Sow indoors	Sow indoors	Sow indoors	Sow outdoors	Sow outdoors	Harvest	Harvest	Harvest			

Peas				Blue	Green	Green	Orange	Orange	Orange			
Pepper				Blue	Blue	Green	Orange	Orange	Orange			
Potato					Green	Green		Orange	Orange	Orange		
Pumpkin						Green			Orange	Orange		
Radish					Green	Green	Green	Green	Green			
						Orange	Orange	Orange	Orange	Orange		
Spinach						Green	Green	Green	Green			
						Orange	Orange	Orange	Orange	Orange		
Squash					Blue	Green		Orange	Orange			
Swiss Chard	Orange	Orange		Blue	Green		Orange	Orange	Orange	Orange	Orange	Orange
Tomato				Blue	Blue	Green	Orange	Orange	Orange			
Watermelon					Blue	Green		Orange	Orange			
Plant	J	F	M	A	M	J	J	A	S	O	N	D

*The Gardening Calendar is based on the last frost and first frost dates in the Plant Hardiness Zone 4. Dates may vary from year to year. ¹

**For the best production results, make sure to look for specific seeding instructions and plant requirements for each variety of plant you're adding to your garden. Many references are available on the Web.

Location

Choosing the right site for your garden will make a difference in your garden results!

Sun : Most vegetables require a minimum of 6 hours of direct sunlight per day. Pay attention to tall infrastructure (trees, buildings...) that might block the sun. Some plants require more or less sun, be sure to check their requirements.

¹ <https://www.almanac.com/gardening/planting-dates/>

Soil : Softer, aerated soil makes it easier for your plant's roots to penetrate. Your plants require the soil to retain moisture but eliminate excess water so ensure adequate drainage in your garden. Compost is a great way to enrich your soil with slow-releasing nutrients while providing moisture control.

Environment : There are many beneficial plants that attract pollinators, useful insects. Companion planting is useful to save space, to block wind, for pest control and to increase pollinators and productivity. *(WEBSITE for reference ??

https://en.m.wikipedia.org/wiki/List_of_companion_plants**) ** ²

² <https://www.almanac.com/vegetable-garden-planning-for-beginners?>