

Cultivate Your Neighbourhood!

Our Mission



Provide children with the opportunity to be active in their communities by engaging in growing their own food.

Our goal is to show students some basic gardening skills in a fun way so they will hopefully enjoy the experience and continue cultivating their neighbourhoods in future years.

What is your commitment?



You will provide the space to grow the seedlings, which can be in a classroom or a common room like a library, where there is enough sun to sustain the plants.

Your teachers and their students will

participate in a seed planting exercise, a repotting exercise if the plants outgrow their original pots, and a planting day at the park if they are able to walk or travel by bus to the park.

Until they are planted outside at the park, they will monitor the plants for healthy growth, care for them as instructed and water them as needed.

They will also bring the plants outside for the day, for at least 5 days prior to planting, in order to get them acclimatized to the outside weather.



What do we do?

We help children plant a variety of vegetables and companion or edible flowers (like the marigolds that keep bugs away, or sunflowers) in their classrooms. Students help to nurture their plants and then if possible, transplant their plants in their neighbourhoods. The children at your school will be planting their plants at the Twin Forks Community Garden, where all of the food is grown for families in need in the community and for organizations like the Food Bank.

What is our commitment?



We will provide all of the materials, including the pots, trays, soil, seeds, and stakes.

Our volunteers will lead the seed planting exercise and provide direction and tips for the teachers and students who will be monitoring the plants.

They will visit the school on a periodic basis to ensure that things are going well and to answer questions posed by teachers or students.

They will also lead the potting up exercise and the planting exercise at the park.

Cultivate Your Neighbourhood is a program of the Foodshed Project: The Sudbury and District Community Garden Network and funded through the City of Greater Sudbury's Healthy Kids Community Challenge.